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ABSTRACT

The Nutrition Education and Training Program (NETP) promotes healthy eating habits to improve the health and well-being of children. It integrates mealtime and learning experiences to help children make informed food choices part of a healthy lifestyle. Kansas NETP has adopted the national NETP philosophy and strategic direction, with goals revised to reflect nutrition education in Kansas. A needs assessment completed in fiscal year 1980 and supplemented in 1984 is being updated by another needs assessment to determine general nutrition knowledge of fifth graders and to assess their current nutritional status. Goals for nutrition education in Kansas include: (1) increase the number of schools that provide nutrition education as part of health education, a part of interdisciplinary nutrition education curriculum, or through other means to children and parents; (2) increase the proportion of child care and Summer Food Service Program facilities that provide nutrition information/education; (3) increase food service personnel who have received nutrition information/training; (4) increase the proportion of school lunch, breakfast, child care, and summer food service menus that are consistent with nutrition principles; (5) and establish partnerships with other groups interested in child nutrition. This plan outlines the objectives, major activities, time schedules, costs, and evaluation criteria to be used in attaining the goals. Program budget information and program activities completed or proposed for fiscal year 1990 through 1995 are presented. (JDD)

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ED 379 242

KSBE

Kansas State Board of Education

State Plan for Fiscal Years 1994 and 1995

Nutrition Education and Training Program

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Approved by State Board of Education
September 7, 1993

An Equal Employment Educational Opportunity Agency

SP035750

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The NETP State Plan is for Federal fiscal year 1994 (October 1, 1993 - September 30, 1994) and 1995 (October 1, 1994 - September 30, 1995).

NETP funds are monitored and controlled in accordance with the State agency financial management system.

ASSURANCES

Civil rights assurances will be incorporated into all agreements between State agencies and schools, institutions and contractors, and all materials produced with NETP funding.

Every application for participation in program benefits will be accompanied by a written assurance agreement that the applicant's program will be operated in compliance with all requirements of the USDA regulations as found in 7 CFR 15, Title VI.

All printed materials will contain a statement of assurance that the program is an Equal Opportunity Program available to all eligible individuals regardless of race, color, national origin, age, sex or disability. Persons who believe they have been denied equal opportunity for participation should write to the Secretary of Agriculture, Washington, D.C. 20250.

Team Leader, Nutrition Services	Commissioner of Education
Date	Date

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Team Leader, Nutrition Services

9/7/93
Date

Commissioner of Education

9/7/93
Date

INTRODUCTION

The Nutrition Education and Training Program (NETP) through local, state and federal partnerships, provides leadership in promoting healthy eating habits to improve the health and well-being of our nation's children. NETP integrates mealtime and learning experiences to help children make informed food choices as part of a healthy lifestyle. This is accomplished by

- identifying and addressing the nutrition education and food service training needs of diverse target audiences;

- applying scientifically-based nutrition information, recognized food service management techniques, and sound education principles in meeting these needs; and

- seeking opportunities to improve children's nutritional status by cooperating and collaborating with others to achieve mutual goals.

The national NETP strategic direction states:

> "In the year 2000, nutrition education will be a major educational component of all child nutrition programs and offered in all schools, child care facilities, and summer sites as part of health education, as part of an interdisciplinary curriculum, or through other means. Nutrition education will be supported and promoted by State and local personnel working in partnership with the children and their families as part of the total school environment or child care setting."

In addition:

> "NETP will have extensive alliances and partnerships with public and private concerns at the local, State, and national levels. NETP will obtain funding and resources, identify research agendas in nutrition education and food management, identify technical assistance resources, develop evaluation strategies, and work cooperatively with all groups that promote nutrition education and the service of nutritious meals and snacks for our nation's children."

Kansas NETP has adopted the national NETP philosophy and strategic direction. The goals of the program have been revised to reflect nutrition education in Kansas. Educators must keep pace with current nutrition and nutrition education trends and practices. Efforts must be made to integrate nutrition education into existing programs. Nutrition education must become a part of the overall education program of Kansas children.

In this fast changing world, it is a constant challenge to provide current, accurate information to those who will be providing nutrition education to the children. While time is a valuable asset to teachers, it is hoped that by providing easy-to-use materials and training, nutrition education will receive attention, providing lifelong benefits to the children of Kansas.

CHAPTER ONE

NEEDS ASSESSMENT

Kansas developed its Nutrition Education and Training Program Plan based on the needs of the people served. A comprehensive needs assessment in nutrition education was completed in Fiscal Year 1980. Results of this needs assessment have been reported in prior State plans. To supplement the 1980 needs assessment, a questionnaire was distributed to 208 public and private school districts in fiscal year 1984, assessing the nutrition education needs of Kansas schools. All ongoing activities are evaluated upon completion to determine if the objectives of the training were met and to identify new training directions.

Today a comprehensive needs assessment is not possible due to budget restraints. However, a national needs assessment is being developed by the National Food Service Management Institute. A follow-up needs assessment to the 1980 comprehensive needs assessment is being conducted in cooperation with Kansas LEAN, a section of the Kansas State Department of Health and Environment. This assessment will determine general nutrition knowledge of fifth graders, the same grade used in the 1980 study, and assess their current nutritional status through dietary analysis. The results of the assessment will be available in 1994 and will be used to develop nutrition education and training materials. Until then, the State plan for Fiscal years 1994 and 1995 has been developed using the national NETP philosophy, strategic direction, and goals.

CHAPTER TWO

KANSAS NUTRITION EDUCATION AND TRAINING PROGRAM

GOALS AND OBJECTIVES

The goals and objectives developed for this Plan are based on strategic directions taken from *Kansas Schools for the 21st Century*, as revised by the Kansas State Board of Education in 1992. This document was developed to provide direction for education that will meet the mission of Kansas education:

> "To prepare each person with the living, learning, and working skills and values necessary for caring, productive and fulfilling participation in our evolving, global society."

The needs for lifelong learning must be met by communities, businesses, and organizations if Kansans and the United States are going to remain competitive in the international economy. Kansas communities must be learning communities where people of all ages are engaged in furthering their capabilities, solving their problems, and ensuring a high quality of life for all citizens. If schools are to meet this challenge, they must demonstrate the highest qualities of teaching and learning. This vision can be met through the following six strategic directions:

- create learning communities;
- develop and extend resources for parenting programs and early childhood education;
- expand learner-outcome curriculum and learner-focused instruction;
- provide inclusive learning environments;
- strengthen involvement of business and industry in education; and
- provide quality staff and organizational development.

To implement the strategic directions and the philosophy and strategic direction of the Nutrition Education and Training Program, Nutrition Services has identified six goals for nutrition education in Kansas.

GOAL A

Increase the number of Kansas schools that provide nutrition education as part of health education, a part of interdisciplinary nutrition education curriculum, or through other means to children and parents.

GOAL B

Increase the proportion of child care and Summer Food Service Program facilities that provide nutrition information/education to children, caregivers, or parents.

GOAL C

Increase the proportion of food service personnel/providers in child nutrition programs who have received nutrition information and/or training (including food service training).

GOAL D

Increase the proportion of school lunch and school breakfast services with menus that are consistent with the nutrition principles in the Dietary Guidelines for Americans.

C

GOAL E

Increase the proportion of child care and summer food services with menus that are consistent with the nutrition principles in the Dietary Guidelines for Americans.

GOAL F

Establish partnerships with allied nutrition, health, food management or education organizations; public or private agencies or groups; or others interested in child nutrition issues.

The following pages outline the objectives, major activities, and evaluation criteria to be used in attaining the goals.

KANSAS NETP GOALS AND OBJECTIVES - FY 1994

GOAL A **Increase the number of Kansas schools that provide nutrition education as part of health education, as part of interdisciplinary nutrition education curriculum, or through other means to children and parents.**

	Objective		Major Activity	Award Procedure	Staff	Time Schedule		Evaluation Criteria	Cost
A.1	Nutrition Services will offer incentive grants to help defray expenses for teachers implementing nutrition activities in Kansas classrooms	A.1.1	Guidelines will be revised for incentive grants	None	NS STAFF	Begin 10-93	Complete 9-94	a) Written summary reports will document classroom implementation of nutrition activities b) Results will be used to modify implementation guidelines the following year	$15,000
		A.1.2	Brochures announcing the mini-grants will be sent to schools						
		A.1.3	Guidelines and applications will be made available to schools requesting them						
		A.1.4	Grants will be distributed as per established guidelines						
A.2	Nutrition Services will provide funding to USDs and private schools to continue innovative nutrition education projects	A.2.1	Guidelines will be established for funding innovative projects	None	NS STAFF	Begin 10-93	Complete 9-94	a) Written summary reports will document nutrition education projects b) Results will be used to modify project guidelines the following year	$ 2,000
		A.2.2	Ongoing innovative nutrition education projects in schools will be identified						
		A.2.3	Projects will be funded as per established guidelines						
A.3	Nutrition Services will cooperate with State universities or colleges to provide graduate level courses in nutrition education for teachers, administrators, or other school staff employed by public and private schools	A.3.1	Funds for nutrition resource person, expenses, and administrative expenses will be provided for a health education conference	CON-TRACT Emp. State Univ.	NS STAFF	Begin 1-94	Complete 8-94	a) Record of the financial transaction will show that funds were expended for administrative expense, resource persons, and speakers' expenses for the health education conference b) Written course evaluations will be analyzed by Nutrition Services c) Results of (a) and (b) will be used to modify the content and format of future health education conferences for continuance in the next year	$ 2,500
		A.3.2	Teachers, administrators, or other school personnel--such as counselors, coaches, nurses--will receive one week of intensive instruction in nutrition and health education which may be taken for two or three hours of graduate credit						

Objective		Major Activity	Award Procedure	Staff	Time Schedule		Evaluation Criteria	Cost
	A.3.3	Funds for a continuing education course on nutrition will be provided for a Kansas Telenet course on Nutrition Basics for School Personnel	CON-TRACT Kansas State Univ.	NS STAFF	Begin 10-93	Complete 9-94	a) Written course evaluations will be analyzed by Nutrition Services b) Results will be used to modify the content and format of future health education conferences	
A.4 Nutrition Services will offer grants to implement a nutrition component into a team action plan completed as a part of a health education conference	A.4.1	Guidelines will be revised for team grant applications	None	NS STAFF	Begin 10-93	Complete 9-94	a) Written summary reports will document implementation of the grants b) On-site visits to observe project activities will be made as appropriate c) Results will be used to determine continuation of project and/or modification of guidelines the following year	$ 5,000
	A.4.2	Session on grant application will be presented at the health education conference. Guidelines and applications will be made available to schools completing a team action plan						
	A.4.3	Grants will be awarded as per established guidelines						
A.5 Nutrition Services will provide nutrition information/training for school health professionals, teachers and others in public and private schools in Kansas	A.5.1	Integrated nutrition activities developed to teach the new food pyramid and dietary guidelines will be field tested	CON-TRACT Natl. Food Service Mgt. Inst.	NS STAFF	Begin 10-93	Complete 9-94	a) Written evaluations completed by those using materials and/or participating in workshops will be analyzed by Nutrition Services b) Results will be used to determine what additional materials are needed and further development of materials	$ 10,000
	A.5.2	Materials will be revised as indicated from results of field test						
	A.5.3	Materials will be purchased and distributed to teachers through statewide workshops						
	A.5.4	Implementation ideas and updates will be provided to trained teachers through quarterly newsletter	None	NS STAFF	Begin 1-94	Complete 9-94	a) Written evaluation will be requested from those receiving the newsletter and analyzed by Nutrition Services staff.	

GOAL B **Increase the proportion of child care and summer food service program facilities that provide nutrition information/education to children, caregivers, or parents.**

	Objective		Major Activity	Award Procedure	Staff	Time Schedule		Evaluation Criteria	Cost
B.1	Nutrition Services will develop nutrition materials to provide nutrition information to providers of special needs children ages 0 - 5 in public and private schools and child care centers in Kansas	B.1.1	Nutrition materials will be developed to meet objective	CON-TRACT Ks State Univ.	NS STAFF	Begin 10-93	Complete 9-94	a) Results of field experts comments will be incorporated into the edited edition of the project	$20,000
		B.1.2	Materials will be reviewed by field experts for accuracy and usability						
B.2	Nutrition Services will disseminate appropriate nutrition education/ management information to personnel employed by child care centers and sponsoring organizations	B.2.1	Nutrition/management workshops will be offered to child care centers and sponsoring organizations	None	CACFP Staff	Begin 10-93	Complete 9-94	a) Written evaluations completed by the teachers who participated in the workshops will be analyzed by Nutrition Services b) Results will be used to modify the workshops for continuance the following year	$ 3,500
		B.2.2	Brochures announcing the workshops will be sent to child care centers and sponsoring organizations						
		B.2.3	Workshop participants will receive nutrition activities and printed handout information which will enable them to be more aware of the importance of good nutrition and implement nutrition education activities in their centers						
B.3	Nutrition Services will offer incentive grants to help defray expenses for CACFP or SFSP sponsors implementing nutrition activities in Kansas classrooms	B.3.1	Guidelines will be revised for incentive grants	None	NS STAFF	Begin 10-93	Complete 9-94	a) Written summary reports will document sponsor implementation of nutrition activities b) Results will be used to modify implementation guidelines the following year	$ 1,000
		B.3.2	Brochures announcing the mini-grants will be sent to CACFP and SFSP sponsors						
		B.3.3	Guidelines and applications will be made available to CACFP and SFSP sponsors						
		B.3.4	Grants will be distributed as per established guidelines						

	Objective		Major Activity	Award Procedure	Staff	Time Schedule		Evaluation Criteria	Cost
B.4	Nutrition Services will establish a network of trained CACFP and SFSP assistants to provide assistance to CACFP and SFSP personnel	B.4.1	Guidelines will be established for the assistance network	None	NS STAFF	Begin 10-93	Complete 9-94	a) Written evaluations completed by the assistant and the CACFP or SFSP sponsor will be analyzed b) Results will be used to modify the program for continuance and/or revision the following year	$ 2,000
		B.4.2	Assistants will be identified and training will be conducted						
		B.4.3	Program guidelines will be distributed during the training workshops for use by each assistant						
		B.4.4	Promotional brochure will be sent to CACFP and SFSP sponsors announcing the availability of the program						
B.5	Nutrition Services will incorporate a nutrition education component into the Summer Food Service Program	B.5.1	Existing materials from other states will be reviewed for possible adoption	None	NS STAFF	Begin 1-94	Complete 9-94	a) Written evaluations will be completed by participants in training activities and/or utilizing materials b) Results will be used to modify any future revisions	$ 1,000
		B.5.2	Nutrition materials will be developed/adapted						
		B.5.3	Nutrition education materials/ activities will be made available to parents and participants in the SFSP						

	Objective		Major Activity	Award Procedure	Staff	Time Schedule		Evaluation Criteria	Cost
B.6	Nutrition Services will provide training to CACFP Sponsoring Agencies	B.6.1	Nutrition education materials for family day care home sponsoring agencies currently being developed by Kansas LEAN will be reviewed	None	CACFP Staff	Begin 10-93	Complete 9-94	a) Materials will be evaluated and revised by CACFP Specialist through participation in the Preschool Task Force of Kansas LEAN	$ 2,000
		B.6.2	Materials will be be provided to sponsoring agencies through workshop participation					b) Written evaluations will be completed by workshop participants	
B.7	Nutrition Services will work with Kansas LEAN on assessment of menus of family day care providers	B.7.1	Current research on analysis of menus for family day care home providers will be reviewed	CON-TRACT	NS STAFF	Begin 10-93	Complete 9-94	a) Effective research techniques based upon review of current research models will be identified	$ 2,000
		B.7.2	Criteria for data collection and assessment of menus of family day care home providers will be identified					b) Data collected will be evaluated	
		B.7.3	Sample menus from family day care home providers will be collected to determine the percentage of family day care home providers menus that meet the Dietary Guidelines for Americans					c) Future training needed to assist family day care home providers in meeting the Dietary Guidelines for Americans will be determined	

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GOAL C **Increase the proportion of food service personnel/providers in child nutrition programs who have received nutrition information and/or training (including food service training).**

	Objective		Major Activity	Award Procedure	Staff	Time Schedule		Evaluation Criteria	Cost
C.1	Nutrition Services will form a comprehensive Network for Professionals for Staff Development for child nutrition programs	C.1.1	A NETPRO task force will be established to develop a comprehensive training plan that would be adaptable for all child nutrition programs	None	NS STAFF	Begin 10-93	Complete 9-94	a) Evaluations will be completed by NETPRO Task Force participants b) Training needs will be identified to meet the goals and objectives of the NETPRO plan	$ 3,000
		C.1.2	Strategic planning training will be provided to NETPRO task force	CON-TRACT					
		C.1.3	Training goals and objectives will be written						
		C.1.4	Activities will be planned / implemented to meet the goals and objectives of the NETPRO						
C.2	Nutrition Services will cooperate with state universities or colleges to provide college level courses in nutrition education /management for food service personnel	C.2.1	Courses will be offered through Regents Network to school food service personnel to provide Safety and Sanitation training	None	NS STAFF	Begin 10-93	Complete 9-94	a) Evaluations will be completed by course participants b) Results of the evaluations will be used to determine future methods of providing training	$ 1,500
C.3	Nutrition Services will offer grants to school food service personnel to attend a health education conference as part of a team	C.3.1	Guidelines will be established for grant criteria	None	NS STAFF	Begin 10-93	Complete 9-94	a) Written evaluations completed by those participating in the conference through grant funding will be analyzed by Nutrition Services b) Results will be used to determine continuation of project and/or modification of guidelines the following year	$ 1,000
		C.3.2	Brochures and guidelines will be provided to all school food service personnel						
		C.3.3	Grants will be awarded as per established guidelines						

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	Objective		Major Activity	Award Procedure	Staff	Time Schedule		Evaluation Criteria	Cost
C.4	Nutrition Services will provide training and materials to assist school food service personnel in meeting Kansas competencies for school food service personnel	C.4.1	Existing training will be reviewed and evaluated	None	NS STAFF	Begin 10-93	Complete 9-94	a) Prior evaluations will be used to revise training opportunities	$ 4,000
		C.4.2	Training opportunities will be made available to school food service personnel					b) Results of using new training materials will be used to determine future direction of the development of additional training materials	
		C.4.3	Materials will be made available to school food service personnel through selected training opportunities						

GOAL D **Increase the proportion of school lunch and school breakfast services with menus that are consistent with the nutrition principles in the Dietary Guidelines for Americans.**

	Objective		Major Activity	Award Procedure	Staff	Time Schedule		Evaluation Criteria	Cost
D.1	Nutrition Services will distribute point of choice nutrition materials to assist in child Nutrition Program promotion	D.1.1	Point of choice materials developed in FY 1993 with Colorado Department of Education and National Food Service Management Institute will be distributed to Kansas schools	CON-TRACT COLO Dept. of Educ.	NS STAFF	Begin 10-93	Complete 9-94	a) School food service consultants will observe effectiveness of materials in local schools b) Results will be used to determine future directions for additional point of choice materials	$10,000
		D.1.2	Appropriate dissemination techniques and promotional materials will accompany each kit						
D.2	Nutrition Services will provide advanced management training to assist food service managers in implementing effective food service programs	D.2.1	Classes will be offered to school food service personnel to provide training on management skills	None	NS STAFF	Begin 10-93	Complete 9-94	a) Written evaluations completed by food service personnel who participate in the workshops will be analyzed by Nutrition Services b) Results will be used to modify the training for following years	$ 2,000
		D.2.2	Selected materials will be made available to food service personnel through training opportunities						
D.3	Nutrition Services will use the Interactive Television Network to provide training to school food service personnel	D.3.1	Courses will be offered through Interactive Television Network to school food service personnel to provide Healthy E.D.G.E. training	None	NS STAFF	Begin 10-93	Complete 9-94	a) Evaluations will be completed by course participants b) Results will be used to determine effectiveness of training and future impact of ITV as a method	$ 2,000
D.4	Nutrition Services will provide training on implementing the Dietary Guidelines for Americans in school lunch and school breakfast	D.4.1	Nutrition seminars/workshops will be offered to school food service personnel	None	NS STAFF	Begin 10-93	Complete 9-94	a) Written evaluations completed by the teachers who participated in the workshops will be analyzed by Nutrition Services b) Results of evaluations will be used to modify the workshops for continuance the following year	$ 1,000
		D.4.2	Workshop participants will receive nutrition activities and printed handout information which will enable them to implement the Dietary Guidelines in NSLP and SBP						

GOAL E **Increase the proportion of child care and summer food services with menus that are consistent with the nutrition principles in the Dietary Guidelines for Americans.**

Objective		Major Activity		Award Procedure	Staff	Time Schedule		Evaluation Criteria	Cost
E.1	Nutrition Services will provide training on implementing the Dietary Guidelines for Americans in child care centers, sponsoring agencies, and summer food service programs	E.1.1	Nutrition seminars/workshops will be offered to CACFP and SFSP sponsors	None	NS STAFF	Begin 10-93	Complete 9-94	a) Written evaluations completed by the teachers who participated in the workshops will be analyzed by Nutrition Services b) Results of evaluations will be used to modify the workshops for continuance the following year	$ 1,000
		E.1.2	Workshop participants will receive nutrition activities and printed handout information which will enable them to implement the Dietary Guidelines in the CACFP and SFSP						

GOAL F **Establish partnerships with allied nutrition, health, food management, or education organizations; public or private agencies or groups; or others interested in child nutrition issues.**

Objective		Major Activity		Award Procedure	Staff	Time Schedule		Evaluation Criteria	Cost
F.1	Nutrition Services will inform students, parents, teachers, food service personnel, administrators, and others of trends in nutrition and nutrition education	F.1.1	Nutrition education information will be provided through regional, statewide meetings,workshops, seminars, and/or conferences of allied organizations	None	NS STAFF	Begin 10-93	Complete 9-94	a) A log of the number of requests for nutrition information will be maintained b) Copies of presentations, newspaper articles, journal articles, newsletters, or exhibits will be kept on file c) Written evaluations of presentations or printed materials will be analyzed d) Results of (a), (b), and (c) will be used to update nutrition education information for dissemination the following year	$ 1,222
		F.1.2	A brochure promoting the NETP activities available through KSBE will be dveloped						
		F.1.3	Nutrition education materials will be disseminated in cooperation with other State agencies and allied organizations						
		F.1.4	A newsletter on available nutrition education resources and current research to Kansas NETP fund recipients will be published						

KANSAS NETP GOALS AND OBJECTIVES - FY 1995

GOAL A **Increase the number of Kansas schools that provide nutrition education as part of health education, as part of interdisciplinary nutrition education curriculum, or through other means to children and parents.**

Objective		Major Activity		Award Procedure	Staff	Time Schedule		Evaluation Criteria	Cost
A.1	Nutrition Services will offer incentive grants to help defray expenses for teachers implementing nutrition activities in Kansas classrooms	A.1.1	Guidelines will be revised for incentive grants	None	NS STAFF	Begin 10-94	Complete 9-95	a) Written summary reports will document classroom implementation of nutrition activities b) Results will be used to modify implementation guidelines the following year	$15,000
		A.1.2	Brochures announcing the mini-grants will be sent to schools						
		A.1.3	Guidelines and applications will be made available to schools requesting them						
		A.1.4	Grants will be distributed as per established guidelines						
A.2	Nutrition Services will provide funding to USDs and private schools to continue innovative nutrition education projects	A.2.1	Guidelines will be established for funding innovative projects	None	NS STAFF	Begin 10-94	Complete 9-95	a) Written summary reports will document nutrition education projects b) Results will be used to modify project guidelines the following year	$ 3,000
		A.2.2	Ongoing innovative nutrition education projects in schools will be identified						
		A.2.3	Projects will be funded as per established guidelines						
A.3	Nutrition Services will cooperate with State universities or colleges to provide graduate level courses in nutrition education for teachers, administrators, or other school staff employed by public and private schools	A.3.1	Funds for nutrition resource person, expenses, and administrative expenses will be provided for a health education conference	CON-TRACT Emp. State Univ.	NS STAFF	Begin 1-95	Complete 8-95	a) Record of the financial transaction will show that funds were expended for administrative expense, resource persons, and speakers' expenses for the health education conference b) Written course evaluations will be analyzed by Nutrition Services c) Results of (a) and (b) will be used to modify the content and format of future health education conferences for continuance in the next year	$ 2,500
		A.3.2	Teachers, administrators, or other school personnel--such as counselors, coaches, nurses-- will receive one week of intensive instruction in nutrition and health education which may be taken for two or three hours of graduate credit						

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	Objective		Major Activity	Award Procedure	Staff	Time Schedule		Evaluation Criteria	Cost
		A.3.3	Funds for a continuing education course on nutrition will be provided for a Kansas Telenet course on Nutrition Basics for School Personnel	None Ks State Univ.	NS STAFF	Begin 10-94	Complete 9-95	a) Written course evaluations will be analyzed by Nutrition Services b) Results will be used to modify the content and format of future health education conferences	
A.4	Nutrition Services will offer grants to implement a nutrition component into a team action plan completed as a part of a health education conference	A.4.1	Guidelines will be revised for team grant applications	None	NS STAFF	Begin 10-94	Complete 9-95	a) Written summary reports will document implementation of the grants b) On-site visits to observe project activities will be made as appropriate c) Results will be used to determine continuation of project and/or modification of guidelines the following year	$ 7,000
		A.4.2	Session on grant application will be presented at the health education conference. Guidelines and applications will be made available to schools completing a team action plan						
		A.4.3	Grants will be awarded as per established guidelines						
A.5	Nutrition Services will provide nutrition information/training for school health professionals, teachers and others in public and private schools in Kansas	A.5.1	Materials will be purchased and distributed to teachers through statewide workshops	CON-TRACT	NS STAFF	Begin 10-94	Complete 9-95	a) Written evaluations completed by those using materials and/or participating in workshops will be analyzed by Nutrition Services b) Results will be used to determine what additional materials are needed and further development of materials	$ 3,000
		A.5.2	Implementation ideas and updates will be provided to trained teachers through a quarterly newsletter						
		A.5.3	Supplemental materials will be developed to further enchance the Pyramid Builders Nutrition Activities for K-6						
A.6	Nutrition Services will collect data of childrens' eating habits in collaboration with Kansas LEAN	A.6.1	Follow-up data from test group will be collected using tool deve'oped in FY 1993	CON-TRACT	NS STAFF	Begin 10-94	Complete 9-95	a) Data will be reviewed and evaluated to determine future training needs	$ 5,000

GOAL B **Increase the proportion of child care and summer food service program facilities that provide nutrition information/education to children, caregivers, or parents.**

Objective		Major Activity		Award Procedure	Staff	Time Schedule		Evaluation Criteria	Cost
B.1	Nutrition Services will develop nutrition materials to provide nutrition information to providers of special needs children ages 0 - 5 in public and private schools and child care centers in Kansas	B.1.1	Materials will be finalized based on field expert information	CON-TRACTKs	NS STAFF	Begin 10-94	Complete 9-95	a) Written evaluations will be completed by participants in training activities and/or utilizing materials	$10,000
		B.1.2	Materials will be distributed through training and National Food Service Management Institute	State Univ.				b) Results will be used to modify any future revisions	
B.2	Nutrition Services will disseminate appropriate nutrition education/ management information to personnel employed by child care centers and sponsoring organizations	B.2.1	Nutrition/management workshops will be offered to child care centers and sponsoring organizations	None	CACFP Staff	Begin 10-94	Complete 9-95	a) Written evaluations completed by the teachers who participated in the workshops will be analyzed by Nutrition Services	$ 4,500
		B.2.2	Brochures announcing the workshops will be sent to child care centers and sponsoring organizations					b) Results will be used to modify the workshops for continuance the following year	
		B.2.3	Workshop participants will receive nutrition activities and printed handout information which will enable them to be more aware of the importance of good nutrition and implement nutrition education activities in their centers						

	Objective		Major Activity	Award Procedure	Staff	Time Schedule		Evaluation Criteria	Cost
B.3	Nutrition Services will offer incentive grants to help defray expenses for CACFP or SFSP sponsors implementing nutrition activities in Kansas child care facilities and summer feeding sites	B.3.1	Guidelines will be revised for incentive grants	None	NS STAFF	Begin 10-94	Complete 9-95	a) Written summary reports will document sponsor implementation of nutrition activities b) Results will be used to modify implementation guidelines the following year	$ 3,000
		B.3.2	Brochures announcing the mini-grants will be sent to CACFP and SFSP sponsors						
		B.3.3	Guidelines and applications will be made available to CACFP and SFSP sponsors						
		B.3.4	Grants will be distributed as per established guidelines						
B.4	Nutrition Services will provide funding to CACFP and SFSP sponsors to continue innovative nutrition education projects	B.4.1	Guidelines will be established for funding innovative projects	None	NS STAFF	Begin 10-94	Complete 9-95	a) Written evaluation will document nutrition education projects b) Results will be used to modify project guidelines for the following year	$ 2,000
		B.4.2	Ongoing innovative nutrition education projects in CACFP and SFSP will be identified						
		B.4.3	Projects will be funded as per established guidelines						
B.5	Nutrition Services will establish a network of trained CACFP and SFSP assistants to provide assistance to CACFP and SFSP personnel	B.5.1	Guidelines will be established for the assistance network	None	NS STAFF	Begin 10-94	Complete 9-95	a) Written evaluations completed by the assistant and the CACFP or SFSP sponsor will be analyzed b) Results will be used to modify the program for continuance and/or revision the following year	$ 3,000
		B.5.2	Assistants will be identified and training will be conducted						
		B.5.3	Program guidelines will be distributed during the training workshops for use by each assistant						
		B.5.4	Promotional brochures will be sent to CACFP and SFSP sponsors announcing the availability of the program						

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	Objective		Major Activity	Award Procedure	Staff	Time Schedule		Evaluation Criteria	Cost
B.6	Nutrition Services will incorporate a Nutrition Education component into the Summer Food Service Program	B.6.1	Existing materials from other states will be reviewed for possible adoption	None	NS STAFF	Begin 1-94	Complete 9-94	a) Written evaluations will be completed by participants in training activities and/or utilizing materials	$ 1,000
		B.6.2	Nutrition materials will be developed/adapted					b) Results will be used to modify any future revisions	
		B.6.3	Nutrition Education materials/ activities will be made available to parents and participants in the SFSP						
B.7	Nutrition Services will work with Kansas LEAN on assessment of menus of child care centers	B.7.1	Current research and data analysis for menus for child care centers will be reviewed	CON-TRACT	CACFP Staff	Begin 10-94	Complete 9-95	a) Data collected will be evaluated	$ 2,500
		B.7.2	Criteria for data collection and assessment of menus of child care centers will be developed					b) Future training needed to assist child care centers in meeting the Dietary Guidelines for Americans will be determined	
		B.7.3	Sample menus from child care centers to determine the percentage of child care center menus that meet the Dietary Guidelines for Americans will be collected						

GOAL C **Increase the proportion of food serv ice personnel/providers in child nutrition programs who have received nutrition information and/or training (including food service training).**

	Objective		Major Activity	Award Procedure	Staff	Time Schedule		Evaluation Criteria	Cost
C.1	Nutrition Services will continue a comprehensive Network for Professionals for Staff Development for child nutrition programs	C.1.1	The NETPRO task force will continue to evaluate the comprehensive training plan	None	NS STAFF	Begin 10-94	Complete 9-95	a) Evaluations will be completed by NETPRO Task Force participants b) Training needs will be identified to meet the goals and objectives of the staff development goals and objectives	$ 2,000
		C.1.2	Training goals and objectives will be revised as indicated						
		C.1.3	Activities will be developed to meet the goals and objectives of the NETPRO						
C.2	Nutrition Services will cooperate with State universities or colleges to provide college level courses in nutrition education/management for food service personnel	C.2.1	Courses will be offered through Regents Network to school food service personnel to provide Safety and Sanitation training	None	NS STAFF	Begin 10-94	Complete 9-95	a) Evaluations will be completed by course participants b) Results of the evaluations will be used to determine future methods of providing training	$ 4,000
C.3	Nutrition Services will offer grants to school food service personnel to attend a health education conference as part of a team	C.3.1	Guidelines will be established for grant criteria	None	NS STAFF	Begin 10-94	Complete 9-95	a) Written evaluations completed by those participating in the conference through grant funding will be analyzed b) Results will be used to determine continuation of project and/or modification of guidelines the following year	$ 2,000
		C.3.2	Brochures and guidelines will be provided to all school food service personnel						
		C.3.3	Grants will be awarded as per established guidelines						

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	Objective		Major Activity	Award Procedure	Staff	Time Schedule		Evaluation Criteria	Cost
C.	Nutrition Services will provide training and materials to assist school food service personnel in meeting Kansas competencies for school food service personnel	C.4.1	Existing training will be reviewed and evaluated	None	NS STAFF	Begin 10-94	Complete 9-95	a) Prior evaluations will be used to revise training opportunities	$5,000
		C.4.2	Training opportunities will be made available to school food service personnel					b) Results of using new training materials will be used to determine future direction of the development of additional training materials	
		C.4.3	Materials will be made available to school food service personnel through selected training opportunities						

GOAL D **Increase the proportion of school lunch and school breakfast services with menus that are consistent with the nutrition principles in the Dietary Guidelines for Americans.**

	Objective		Major Activity	Award Procedure	Staff	Time Schedule		Evaluation Criteria	Cost
D.1	Nutrition Services will provide funds to school food service personnel who have improvement projects which may include nutrient based menu planning	D.1.1	Guidelines will be established for funding	None	NS STAFF	Begin 10-94	Complete 9-95	a) Written summary reports will document achievement of grant objectives	$ 5,000
		D.1.2	Guidelines and applications will be made available to schools requesting them					b) Results will be used to modify implementation guidelines for future grants	
		D.1.3	Grants will be distributed as per established guidelines						
D.2	Nutrition Services will provide advanced management training to assist food service managers in implementing effective food service programs	D.2.1	Training will be offered to school food service personnel to provide advanced management information	None	NS STAFF	Begin 10-94	Complete 9-95	a) Written evaluations completed by food service personnel who participate in the workshops will be analyzed by Nutrition Services	$ 2,500
		D.2.2	Selected materials will be made available to food service personnel through training opportunities					b) Results will be used to modify the training for following years	
D.3	Nutrition Services will use the Interactive Television Network to provide training to School Food Service Personnel	D.3.1	Courses will be offered through Interactive Television Network to school food service personnel to provide Healthy E.D.G.E. training	None	NS STAFF	Begin 10-94	Complete 9-95	a) Evaluations will be completed by course participants	$ 2,000
								b) Results will be used to determine effectiveness of training and future impact of ITV as a method	
D.4	Nutrition Services will provide training on implementing the Dietary Guidelines for Americans in school lunch and school breakfast	D.4.1	Nutrition seminars/workshops will be offered to school food service personnel	None	NS STAFF	Begin 10-94	Complete 9-95	a) Written evaluations completed by the teachers who participated in the workshops will be analyzed by Nutrition Services	$ 2,500
		D.4.2	Workshop participants will receive nutrition activities and printed handout information which will enable them to implement the Dietary Guidelines in NSLP and SBP					b) Results of the evaluations will be used to modify the workshops for continuance the following year	

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GOAL E **Increase the proportion of child care and summer food services with menus that are consistent with the nutrition principles in the Dietary Guidelines for Americans.**

Objective		Major Activity		Award Procedure	Staff	Time Schedule		Evaluation Criteria	Cost
E.1	Nutrition Services will provide training on implementing the dietary guidelines in child care centers, sponsoring agencies and summer food service programs	E.1.1	Nutrition seminars/workshops will be offered to CACFP and SFSP sponsors	None	NS STAFF	Begin 10-94	Complete 9-95	a) Written evaluations completed by the teachers who participated in the workshops will be analyzed by Nutrition Services b) Results will be used to modify the workshops for continuance the following year	$ 2,500
		E.1.2	Workshop participants will receive nutrition activities and printed handout information which will enable them to implement the Dietary Guidelines in the CACFP and SFSP						

GOAL F **Establish partnerships with allied nutrition, health, food management or education organizations; public or private agencies or groups; or others interested in child nutrition issues.**

Objective		Major Activity		Award Procedure	Staff	Time Schedule		Evaluation Criteria	Cost
F.1	Nutrition Services will inform students, parents, teachers, food service personnel, administrators, and others of trends in nutrition and nutrition education	F.1.1	Nutrition education information will be provided through regional, statewide meetings, workshops, seminars, and/or conferences of allied organizations	None	NS STAFF	Begin 10-94	Complete 9-95	a) A log of the number of requests for nutrition information will be maintained b) Copies of presentations, newspaper articles, journal articles, newsletters, or exhibits will be kept on file c) Written evaluations of presentations or printed materials will be analyzed d) Results of (a), (b), and (c) will be used to update nutrition education information for dissemination the following year	$ 3,722
		F.1.2	Disseminate nutrition education materials in cooperation with other State agencies and allied organizations						
		F.1.3	Publish a newsletter on available nutrition education resources and current research to Kansas NETP fund recipients						

CHAPTER THREE

BUDGET

The following pages contain the budget summary information for the Nutrition Education and Training Program funds for fiscal years 1994 and 1995. The budget is based upon the actual allocation for fiscal year 1993. Objectives and activities listed in the plan are contingent upon receiving equal funds.

NETP BUDGET FOR FISCAL YEAR 1994

GOAL	DESCRIPTION	ADMIN.	PROGRAM	MATERIALS ACQUISITION	TRAINING PROJECTS	CONTRACTS	GRANTS	OUTREACH	TOTAL
A.1	INCENTIVE GRANT	$0	$0				$15,000		
A.2	INNOVATIVE GRANT	$0	$0				$2,000		
A.3	HEARTLAND HEALTH CONF.	$0	$0			$2,500			
A.4	HEARTLAND INCENT. GRANT	$0	$0				$5,000		
A.5	PYRAMID BUILDERS	$0	$0	$7,500	$2,500				
B.1	SPECIAL NEEDS FEEDING	$0	$0			$20,000			
B.2	CACFP TRAINING	$0	$0		$3,500				
B.3	INCENTIVE GRANTS	$0	$0				$1,000		
B.4	ASSISTANCE NETWORK	$0	$0		$2,000				
B.5	SFSP TRAINING	$0	$0		$1,000				
B.6	CACFP SPONSOR TRAINING	$0	$0		$2,000				
B.7	KANSAS LEAN	$0	$0			$2,000			
C.1	NETPRO	$0	$0		$3,000				
C.2	TELENET TRAINING	$0	$0		$1,500				
C.3	HEARTLAND SFS GRANT	$0	$0				$1,000		
C.4	SFS TRAINING	$0	$0		$4,000				
D.1	POINT OF CHOICE	$0	$0	$8,000	$2,000				
D.2	MGT. TRAINING	$0	$0		$2,000				
D.3	ITV TRAINING	$0	$0		$2,000				
D.4	SFS DGA TRAINING	$0	$0		$1,000				
E.1	CACFP/SFSP DGA TRAINING	$0	$0		$1,000				
F.1	PARTNERSHIPS	$0	$0					$1,222	
	TOTALS	$0	$0	$15,500	$27,500	$24,500	$24,000	$1,222	$92,722

NETP BUDGET FOR FISCAL YEAR 1995

GOAL	DESCRIPTION	ADMIN.	PROGRAM	MATERIALS ACQUISITION	TRAINING PROJECTS	CONTRACTS	GRANTS	OUTREACH	TOTAL
A.1	INCENTIVE GRANT	$0	$0				$15,000		
A.2	INNOVATIVE GRANT	$0	$0				$3,000		
A.3	HEARTLAND HEALTH CONF.	$0	$0			$2,500			
A.4	HEARTLAND INCENT. GRANT	$0	$0				$7,000		
A.5	PYRAMID BUILDERS	$0	$0		$3,000				
A.6	KANSAS LEAN	$0	$0			$5,000			
B.1	SPECIAL NEEDS FEEDING	$0	$0			$10,000			
B.2	CACFP TRAINING	$0	$0		$4,500				
B.3	INCENTIVE GRANTS	$0	$0				$3,000		
B.4	INNOVATIVE GRANTS	$0	$0				$2,000		
B.5	ASSISTANCE NETWORK	$0	$0		$3,000				
B.6	SFSP TRAINING	$0	$0		$1,000				
B.7	KANSAS LEAN	$0	$0				$2,500		
C.1	NETPRO	$0	$0		$2,000				
C.2	MGT. TRAINING	$0	$0		$4,000				
C.3	HEARTLAND SFS GRANT	$0	$0				$2,000		
C.4	SFS TRAINING	$0	$0		$5,000				
D.1	IMPROVEMENT GRANTS	$0	$0				$5,000		
D.2	MGT. TRAINING	$0	$0		$2,500				
D.3	ITV TRAINING	$0	$0		$2,000				
D.4	SFS DGA TRAINING	$0	$0		$2,500				
E.1	CACFP/SFSP DGA TRAINING	$0	$0		$2,500				
F.1	PARTNERSHIPS	$0	$0					$3,722	
	TOTALS	$0	$0	$0	$32,000	$17,500	$39,500	$3,722	$92,722

CHAPTER FOUR

SUMMARY

The Nutrition Education and Training Program was reauthorized (P.L. 101-147) through fiscal year 1994. Funding for FY 1994 is expected to be equal to FY 1993, $92,722. A new Strategic Plan for Nutrition Education has been developed by the U.S. Department of Agriculture.

Nutrition education activities for FY 1992 and FY 1993 were planned to provide nutrition education for students, teachers, and food service personnel in child care facilities and public and private schools statewide. A planning meeting was held in May 1993, to begin identifying activities for the FY 1994 and FY 1995 State Plan. Representatives from the Kansas State Board of Education, allied organizations, teachers, child care centers, school food service, and industry participated in the planning meeting. The meeting was the first step in identifying the outcomes for the new NETP State Plan.

The goals of the plan focus on nutrition education and training, nutritious meal service, and leadership. Kansas uses all NETP funds for project implementation. Local projects are instrumental in providing quality nutrition education services to children, teachers, and food service personnel.

NETP ACTIVITIES COMPLETED OR PROPOSED FOR FY 1990 THROUGH FY 1995

FY 1990 ACTIVITIES FUNDS - $50,000	FY 1991 ACTIVITIES FUNDS - $67,262	FY 1992 ACTIVITIES FUNDS - $92,523	FY 1993 ACTIVITIES FUNDS - $92,722	PROPOSED FY 1994 ACTIVITIES FUNDS - $92,722	PROPOSED FY 1995 ACTIVITIES FUNDS - $92,722
FOR CHILDREN	FOR CHILDREN	FOR CHILDREN	FOR CHILDREN	FOR CHILDREN	FOR CHILDREN
• NUTRITION POSTER CONTEST • NUTRITION HISTORY PROGRAM • FILMS AND LITERATURE THROUGH KSDHE	• NUTRITION POSTER CONTEST • FILMS AND LITERATURE THROUGH KSDHE • AT-RISK GRANTS	• NUTRITION POSTER CONTEST • FILMS AND LITERATURE THROUGH KSDHE • AT-RISK GRANTS • INCENTIVE GRANTS	• INCENTIVE GRANTS • NUTRITION EDUCATION VIDEOS • ABC's OF NUTRITION FOR PRESCHOOL • K-6 INTEGRATED NUTRITION ACTIVITIES • NUTRITIONAL ASSESSMENT	• INCENTIVE GRANTS • NUTRITION EDUCATION VIDEOS • K-6 INTEGRATED NUTRITION ACTIVITIES • SPECIAL NEEDS FEEDING	• INCENTIVE GRANTS • SPECIAL NEEDS FEEDING • INNOVATIVE GRANTS • SPECIAL NEEDS FEEDING
FOR TEACHERS	FOR TEACHERS	FOR TEACHERS	FOR TEACHERS	FOR TEACHERS	FOR TEACHERS
• WORKSHOPS FOR TEACHERS, COACHES, SCHOOL HEALTH PROFESSIONALS • WORKSHOPS FOR CHILD CARE PERSONNEL • INCENTIVE GRANTS • HEALTH EDUCATION CONFERENCE	• WORKSHOPS FOR TEACHERS, COACHES, AND SCHOOL HEALTH PROFESSIONALS • WORKSHOPS FOR CHILD CARE PERSONNEL • INCENTIVE GRANTS • HEALTH EDUCATION CONFERENCE • HEALTH EDUCATION TEAM GRANTS	• EATING DISORDER FOLDERS • CHILD CARE TRAINING • INCENTIVE GRANTS • HEALTH EDUCATION CONFERENCE • HEALTH EDUCATION TEAM GRANTS	• INCENTIVE GRANTS • CHILD CARE TRAINING • HEALTH EDUCATION TEAM GRANTS • HEALTH EDUCATION CONFERENCE	•INCENTIVE GRANTS • HEALTH EDUCATION CONFERENCE •HEALTH EDUCATION TEAM GRANTS •K-6 INTEGRATED NUTRITION ACTIVITIES • NUTRITION CLASS •CHILD CARE TRAINING	• INCENTIVE GRANTS • HEALTH EDUCATION CONFERENCE • HEALTH EDUCATION TEAM GRANTS • NUTRITION CLASS • CHILD CARE TRAINING • INNOVATIVE PROJECT GRANTS

FOR FOOD SERVICE	FOR FOOD SERVICE	FOR FOOD SERVICE	FOR FOOD SERVICE	FOR FOOD SERVICE	FOR FOOD SERVICE
•TRAINING MATERIALS TO MEET COMPETENCIES • VOCATIONAL TEACHER TRAINING • TRAINING MATERIAL REVISION	• TRAINING MATERIALS TO MEET COMPETENCIES • VOCATIONAL TEACHER TRAINING • TRAINING MATERIAL REVISION	• TRAINING MATERIALS TO MEET COMPETENCIES • FOOD SERVICE TRAINING • PEOPLE SKILLS FOR MANAGERS • ASSISTANCE NETWORK • ADVANCED MANAGEMENT TRAINING	• FOOD SERVICE PERSONNEL TRAINING • MANAGEMENT SEMINAR • ASSISTANCE NETWORK	•FOOD SERVICE PERSONNEL TRAINING •ASSISTANCE NETWORK • ITV TRAINING • HEARTLAND HEALTH CONFERENCE • HEARTLAND HEALTH TEAM GRANTS • INNOVATIVE PROJECT GRANTS • NETPRO • DIETARY GUIDELINE TRAINING	• FOOD SERVICE PERSONNEL TRAINING • ASSISTANCE NETWORK • ADVANCED MANAGEMENT TRAINING • HEARTLAND HEALTH CONFERENCE • HEARTLAND TEAM GRANTS • NETPRO •INNOVATIVE PROJECT GRANTS
OTHER	OTHER	OTHER	OTHER	OTHER	OTHER
• STATE FAIR EXHIBIT • CONFERENCE PRESENTATIONS	• STATE FAIR EXHIBIT • CONFERENCE PRESENTATIONS		• NEEDS ASSESSMENT	• PARTNERSHIPS	• PARTNERSHIPS

Strategic Directions for Kansas Education

The Kansas State Board of Education is charged with the general supervision of public education and other educational interests in the state. While clearly acknowledging the role and importance of local control, the State Board of Education has the responsibility to provide direction and leadership for the structuring of all state educational institutions under its jurisdiction.

The beginning place for determining the mission for the Kansas State Board of Education is the assumption that all Kansas citizens must be involved in their own learning and the learning of others. It is the combined effort of family, school, and community that makes possible the development of a high quality of life. It is the parent who is the first "teacher" of children. As we grow older, we learn that the school, the workplace, and the community support our lifelong learning and our training and retraining. The Board recognizes the responsibility it holds for Kansas educational systems and promoting quality education programs. The mission for Kansas education is:

To prepare each person with the living, learning, and working skills and values necessary for caring, productive, and fulfilling participation in our evolving, global society.

We believe that the strategic directions for the structuring of Kansas education must be organized to:

- create learning communities
- develop and extend resources for parenting programs and early childhood education
- expand learner-outcome curriculum and learner-focused instruction
- provide inclusive learning environments
- strengthen involvement of business and industry in education
- provide quality staff and organizational development.

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